

## **Each One! Bless One!**

eBlessings' Bible Class Lessons

You Can Make a Difference!

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### **Bible Class Lesson Six:**

## **GROWING YOUR SPIRIT SOUL**

Chapter One

Mind as Spirit Brain

### **Key Scripture:**

"And that which thou sowest, thou sowest not that body that shall be, but bare grain, it may chance of wheat, or of some other grain: But God giveth it a body as it hath pleased him, and to every seed his own body. All flesh is not the same flesh: but there is one kind of flesh of men, another flesh of beasts, another of fishes, and another of birds. There are also celestial bodies, and bodies terrestrial: but the glory of the celestial is one, and the glory of the terrestrial is another. There is one glory of the sun, and another glory of the moon, and another glory of the stars: for one star differeth from another star in glory. So also is the resurrection of the dead. It is sown in corruption; it is raised in incorruption: It is sown in dishonour; it is raised in glory: it is sown in weakness; it is raised in power: It is sown a natural body; it is raised a spiritual body. "There is a natural body, and there is a spiritual body.

1 Corinthians 15:37-44 (KJ)

## Lesson Objective:

To help the reader understand that we are made and destined to use our spiritual bodies to defeat evil in ourselves and on the planet. To reveal to the reader's awareness that our spirits must seek to use our brains to activate our desires to emulate Christ Jesus, starting with the physical—our brains. We must seek the attributes of Father God in us, which will allow us to follow the example of Yahshua that He showed us.

## Lesson:

### Mind as Spirit Brain

**I was once asked**, "Allen, how do I get my spirit to grow?" That is a very good question. That question, along with hundreds of others, plus the leading of the Holy Spirit telling me to write a book concerning the conflict between the flesh and the spirit has allowed the Lord to use me to bring this work to you, for I am an Overcomer. Here are the amazing answers to that question and many others.

Let's proceed. Hang on! What I am about to share with you, the antichrist, antichristians and illuminati have kept hidden from you for about 2,000 years. What part of you controls your body? Your brain. One hundred billion+ cells working. Our brains control every organ, every limb, every thought, and every emotion; these functions are processed in the brain. For this example, let's say that the brain and the mind are synonymous. In this example, they are one; the brain and mind will be explained as separate, but work as one. The brain and mind work in unison.

Think of the mind as the spirit part of the brain. Spirit is action. The brain is physical, but regulates actions—these actions are “spirit”. Listen closely. This is how unclean spirits move into our thought processes, through our minds into our brains. Therefore, we can stop that unclean spirit thought which comes to us, when it comes to our brains, by saying, “The LORD rebuke thee!” Saying this and meaning it as though Christ Jesus will come down from Heaven and pick that spirit, that pain, the dis-ease, that emotional pain and swiftly take it away. Guess what? He will.

I am attempting to keep this as simple as possible. The brain is a physical bio-chemical flesh machine which uses electrical and chemical reactions to regulate motor control (walking, talking, standing, sitting), to regulate senses such as hearing, seeing, smelling, tasting, touching. It also handles dreams, reason, temperature, breathings, circulations, all the other organs and the big enchilada—the heart.

Normally we associate the heart with the emotions. The heart is controlled in its functions by the brain. And guess what? The emotions you feel are chemicals flowing through and from the brain to the extremities of the body. Emotions are bio-chemical reactions to stimuli and as such can be conditioned to be better controlled. Emotion generally becomes action. Action is spirit. The spirit of a person is represented in the action which a person does. Emotions are the spirit part of the heart.

## LOVE IS SPIRIT—SPIRIT IS ACTION

### QUESTIONS:

1. As Christians, what seeds do we carry in our bodies?
2. What is meant by celestial bodies? What is meant by terrestrial bodies?
3. Do you have a spiritual body? If so, please describe it in detail.
4. Is there a reason why we as Christians should desire to emulate Jesus? What are the reasons?
5. Describe what your "mind" means to you. Does your brain and mind work in unison?
6. Is there a difference between you mind and your brain?
7. What do you think of the concept of your mind as the spirit part of the brain?
8. What is the point of saying, "The Lord rebuke thee."?
9. What do you think of the concept that emotions are the spirit part of the heart?