

Each One! Bless One!

eBlessings' Bible Class Lessons
You Can Make a Difference!

Bible Class Lesson Twenty-One:

GROWING YOUR SPIRIT SOUL

Chapter Five

Let It Go!

Key Scripture:

20 AND in the morning, as they passed by, they saw the fig tree dried up from the roots. (Mark) 20 And when the disciples saw *it*, they marvelled, saying, How soon is the fig tree withered away! (Matthew) 21 And Peter calling to remembrance saith unto him, Master, behold, the fig tree which thou cursedst is withered away. (Mark)

22 And Jesus answering saith unto them, Have faith in God. 23 For verily I say unto you, (Mark) 21 if ye have faith, and doubt not, ye shall not only do this *which is done* to the fig tree, but also (Matthew) 23 whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; (Mark) 21 it shall be done, (Matthew) (*and*) 23 he shall have whatsoever he saith. (Mark)

24 Therefore I say unto you, what things soever ye desire, when ye pray, believe that ye receive *them*, and ye shall have *them*. (Mark)

25 And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. 26 But if ye do not forgive, neither will your Father which is in heaven forgive your trespasses. (Mark)

(Mark 11:20-26; Matthew 21:20-21)

"The Four in One Gospel of JESUS"; page 212

Lesson Objective:

To increase our spiritual growth by increasing our understanding of how our unforgiveness can stop our prayers from being answered. This lesson shares with you how Jesus taught that unforgiveness can keep you us from receiving the desires of our hearts. Jesus teaches us that if we do not forgive our brothers and sisters, our children, our co-workers, our ex-wives and ex-husbands, ex-boyfriends or girlfriends, our prayers and the desires of our hearts have the potential not to happen. Asking for forgiveness and asking for your unforgiveness towards others be removed from you and given to Christ Jesus is a **spiritual key** to getting your prayers answered.

Lesson:

Let It Go!

Let it go! In life, sometimes we have to let things go more than once. I have found that I have to let things go often; sometimes I have to let it go more than once a day. You may find that there is something that lies dormant or not so dormant, just under your skin. It may be something that happened yesterday, or a number of yesterdays ago; perhaps many years ago involving a relative, an old girlfriend, an “ace-boon-coon” friend or a complete stranger. Let it go!

It is an irritant, which you have allowed to become a part of your life. More often than not, you do not recognize it as an irritant until you

**LET
IT
GO!**

think about it or someone brings it up. Let it go! You often do not know that it is there until someone mentions the subject—then all of a sudden there is a rush of anxiety, anger, resentment, and _____. (This is where you put your word in.)

You do not realize how much that “thing” has “gotten your goat.” You may not realize how much that situation has gotten you on the edge of upset, cutting off spiritual and emotional blessings (perhaps material blessings also), and of course damaging relationships. Do not allow a root of bitterness to grow inside you until it becomes a *tree of destruction* or *choking vines* keeping true joy and happiness from your bones. **(Hebrews 12:15)**

Those stubborn things, which we allow to reside in us, based on some past event, action, or word needs to be let go before it turns into cancer or some other disease. Learn to forgive and to ask for forgiveness. I have learned to ask Father God in the name of Jesus to forgive me of my sins before I go into the prayer mode. Before offering up prayer, I ask for forgiveness and ask for unforgiveness and/or any negative energy in me be removed in the name of Christ Jesus of Nazareth. **(Matthew 18:23-35)** (See [THE PRAYER OF FAITH](#) on [eBlessings](#).)

“Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ’s sake hath forgiven you.”

Ephesians 4:31-32

“A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.”

John 13:34

QUESTIONS:

1. If you do not doubt in your heart and ask Father God (in the name of Jesus) for a thing, what do you think might stop you from receiving that which you asked?
2. What does it take for Father God not to forgive you of your trespasses?
3. How often may you have to let something go? Give an example of something in your life you have to let go.
4. What irritant—what unforgiveness are you harboring towards another person, group, nation, or one of Father God's Creation? What do you think it will take for you to learn to let it go?
5. Describe in your own words what you think a root of bitterness is? Explain what you think may be the effects of having a root of bitterness?
6. Why are we not to let negative energy, negative behaviors, negative attitudes, or negative speech be a part of our daily experience?
7. Will unforgiveness keep your prayers from being answered? Why?
8. Explain how we are to love one another as the Lord Jesus loved us. What did He do that we are to do?
9. Does forgiving one another, help us to love one another? Give an example.